




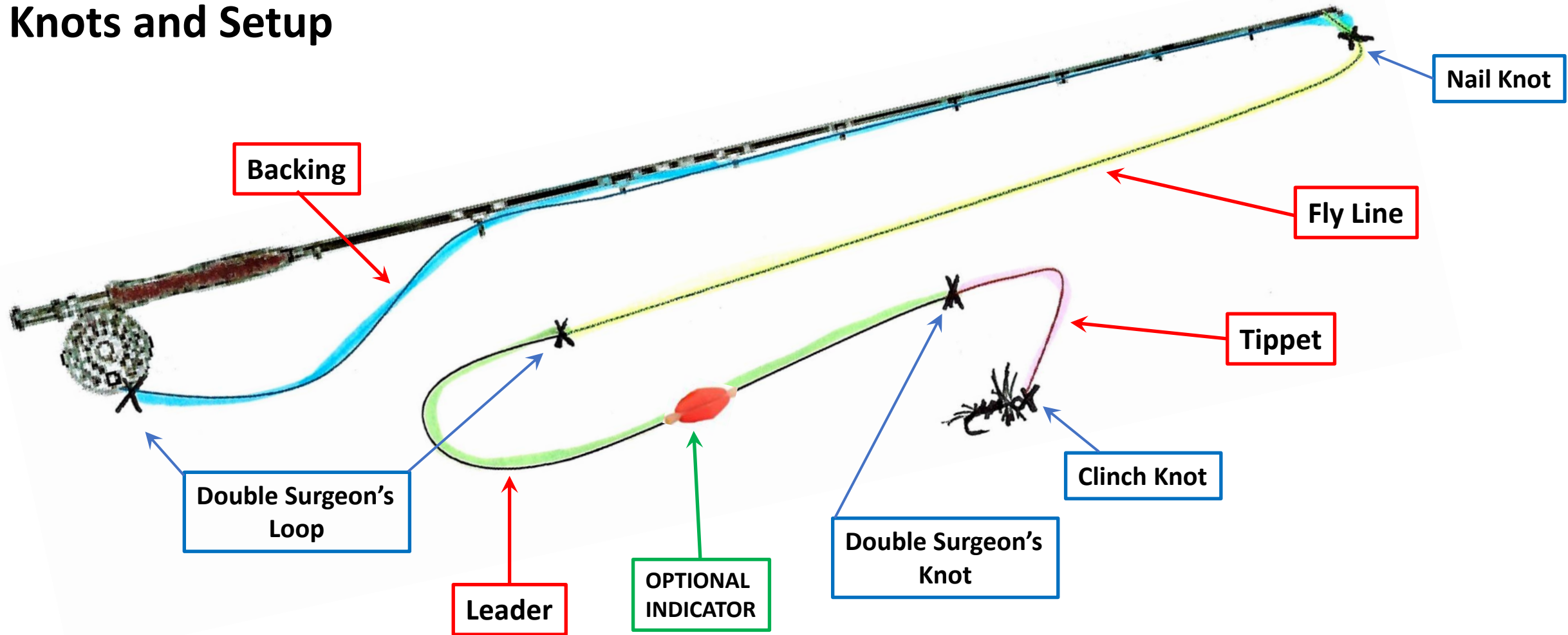


Minimum Gear

- **Fly Rod** – 4 to 6 weight, 9 ft, Medium Fast Action, 4 Pieces.
- **Fly Reel** – Matching weight reel, typically “sized” to Fly Rod. Example: 4 to 6 Weight.
- **Backing** – 100 yard Spool of 20 to 30 lbs. Dacron backing.
- **Fly Line** – Weight Forward Floating fly line. Match the line weight to rod. Example if fly rod is a 5 weight purchase either a 5 or 6 weight line. Designation WF5F or **WF6F**.
- **Leader** – 5X – 9 Foot Tapered Nylon Leader.
- **Tippet** – Spool 30 yards - 5X nylon tippet.
- **Floatant** – Small bottle of Fly Floatant (GINK) 
- **Nippers and Nail Knot Tool** – A little comb-tool works great. 
- **Fly Box** – Something simple and cheap to start.
- **Indicator** – These are little floats (aka bobber) you attach to your fly line. 
- **Split Shot** – little pinch on weights.
- **Flies** – Here are the six favorites: Size 14 **Elk Hair**, Size 14 **Parachute Adams**, Size 18 **Griffiths Gnat**, (2) Size 16 **Beadhead Pheasant Tail** Nymphs, Size 18 **Hare’s Ear** Nymph.
- **Sunglasses, Hat and Fishing License** – Protects eyes and head from flying hooks



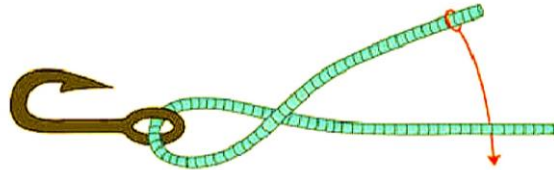
Knots and Setup



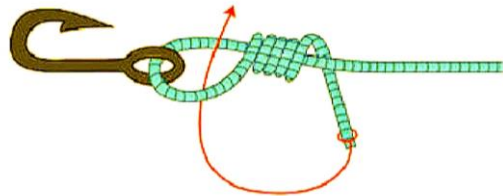
Three Knots to Learn for Fly Fishing

Clinch Knot for attaching a fly to tippet.

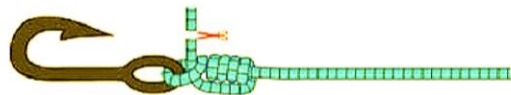
- 1** Thread tag through hook eye and twist



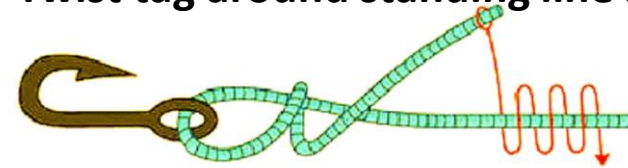
- 3** Thread tag end through loop at eye



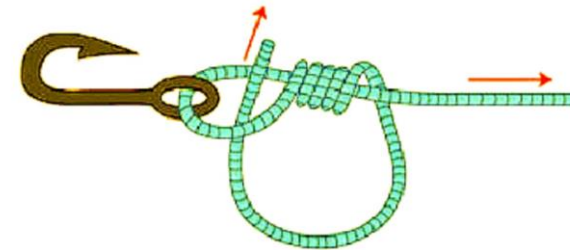
- 5** Trim tag end 1/8" long



- 2** Twist tag around standing line 5 to 7 times



- 4** WET! Pull tag end and standing line



- 6** Finished knot



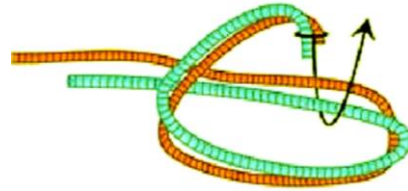
Three Knots to Learn for Fly Fishing

Double Surgeons Knot for tying leader to tippet.

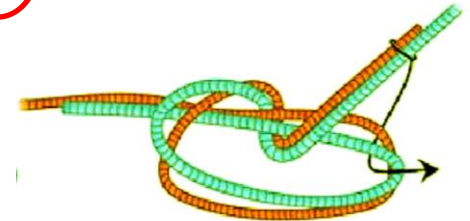
1 Overlap leader and tippet 5"



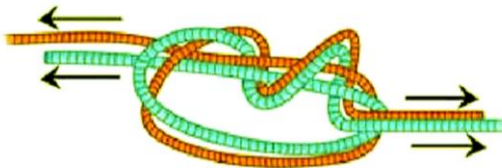
2 Form a loop and wrap



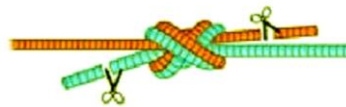
3 Wrap lines through loop twice



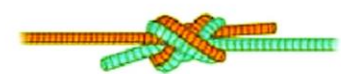
4 WET and pull all lines tight



5 Trim tag ends close



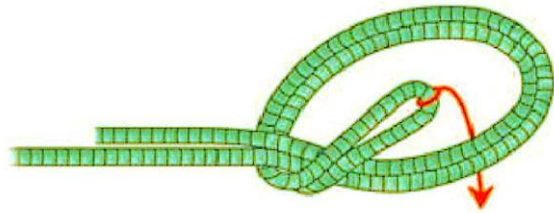
6 Finished knot



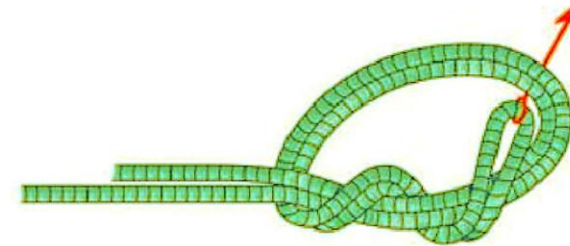
Three Knots to Learn for Fly Fishing

Double Surgeons Loop for tying leader to tippet.

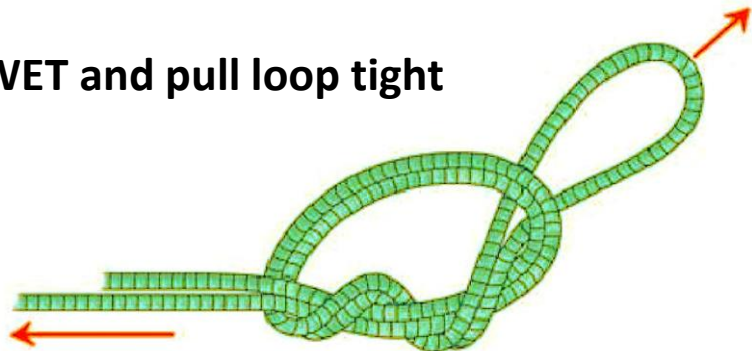
1 Overlap line and for loop



2 Wrap loop through twice



3 WET and pull loop tight



4 Trim tag, knot is finished





Flies



Parachute Adams
Size 14



Griffiths Gnat
Size 18



Elk Hair Caddis
Size 14



**(2) BH Pheasant
Tail Nymph**
Size 16



**Hare's Ear
Nymph**
Size 18



Casting Six Key Steps

1. Grip and Lock Wrist
2. Rod Tip Down, Take in Slack
3. Smooth Acceleration Back to Stop
4. Pause and Watch Line Unroll Behind
5. Smooth Acceleration Forward to Stop – Slow Punch to Target
6. Pause and Rod Tip Down

