

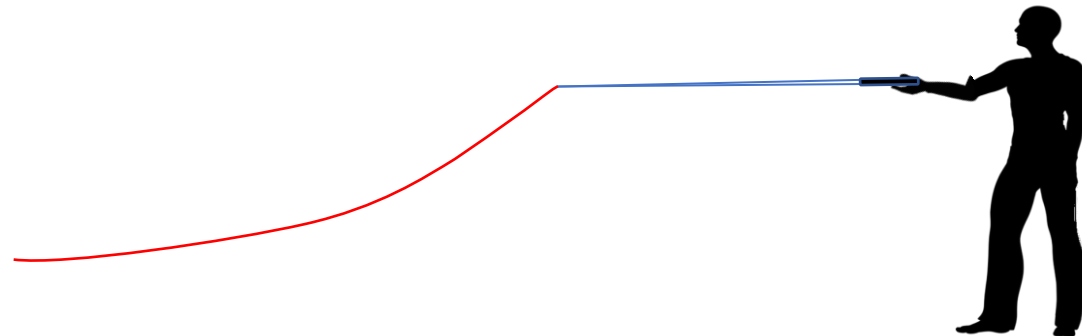


The Basic Roll Cast

The roll cast is used when you have obstructions behind you. With a roll cast the line stays in front of you. It requires a little more power during the forward “chop”. Keeping the fly line in motion all the time is another tip to this executing this cast.

Unfortunately you can’t “practice” this cast in a yard. The resistance of the line on water is what loads (bends) the fly rod and creates the energy to cast the line.

1. Start at the “fishing position” with your rod tip down. Prepare yourself to slowly raise the rod tip.



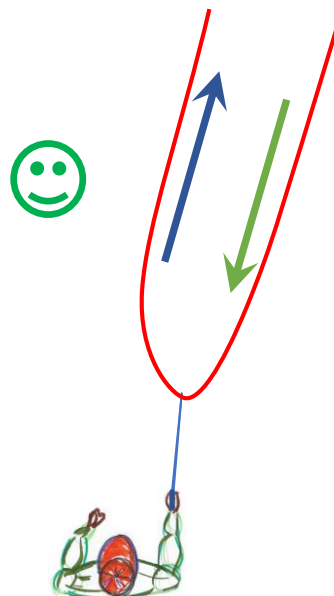


The Basic Roll Cast

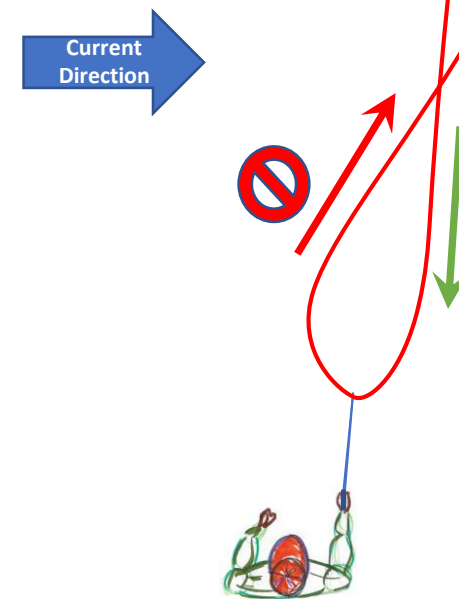
A couple important tips when roll casting.

1. If you have too much line out it will be difficult to “lift” the line out of the water during the forward cast.
2. The roll cast will quickly fail if you cross your fly line during the cast. This is often called “parallel lines”

Fly line is cast out
PARALLEL to line
pull in.



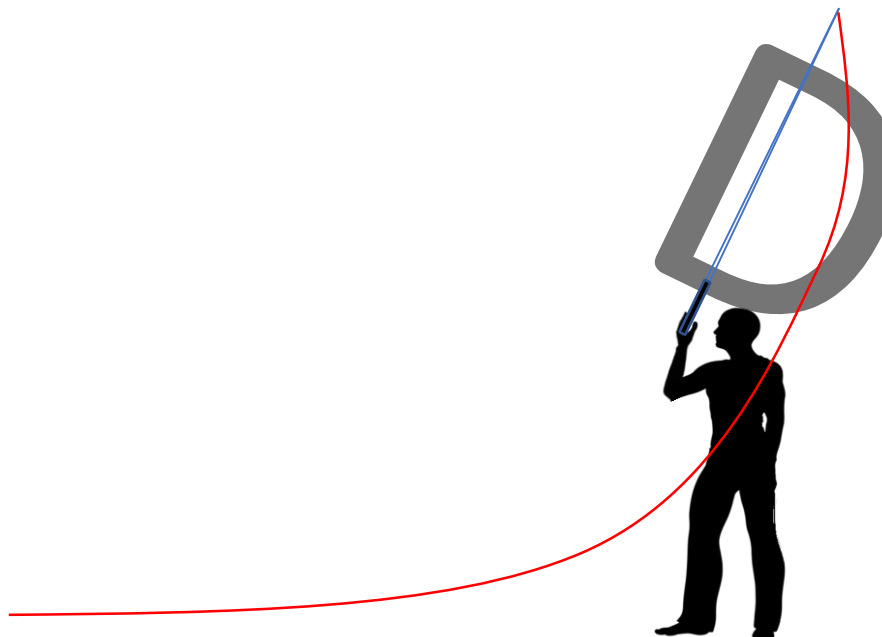
Cast fails when fly
line is crossed.





The Basic Roll Cast

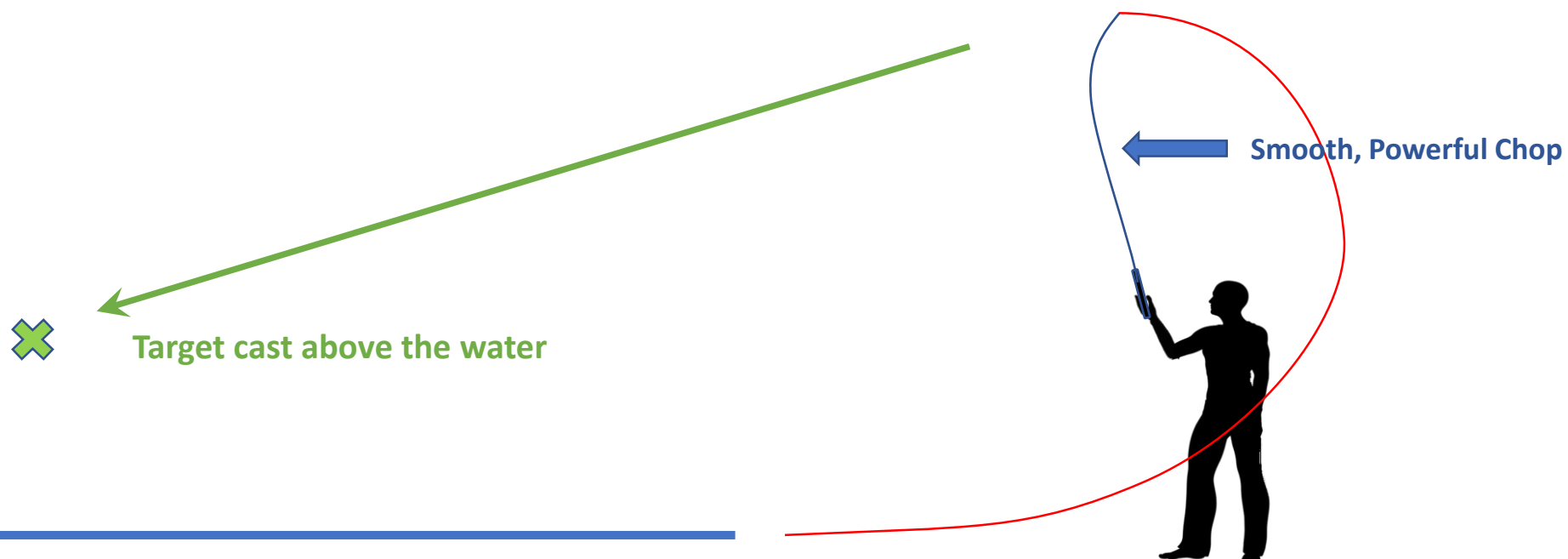
1. Raise the fly rod until you form a “D”.
2. It’s important NOT to pause in the D position.
3. Immediately move into a smooth “Chop” forward.





The Basic Roll Cast

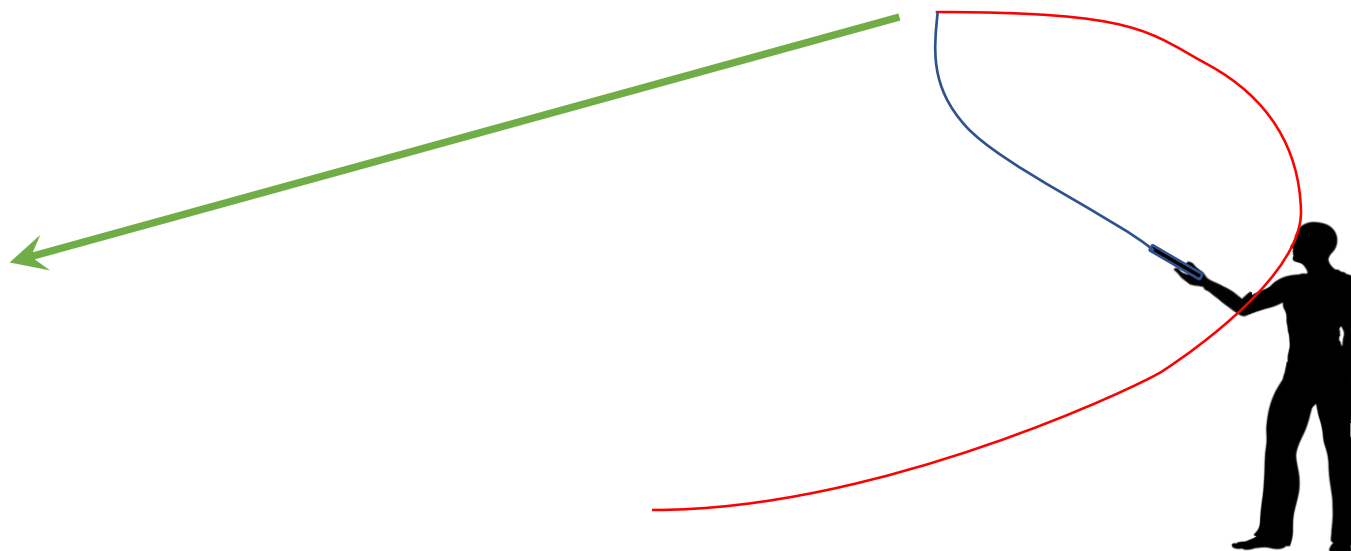
1. With power chop forward bending the fly rod.
2. In my mind I select a TARGET a foot or two above the water





The Basic Roll Cast

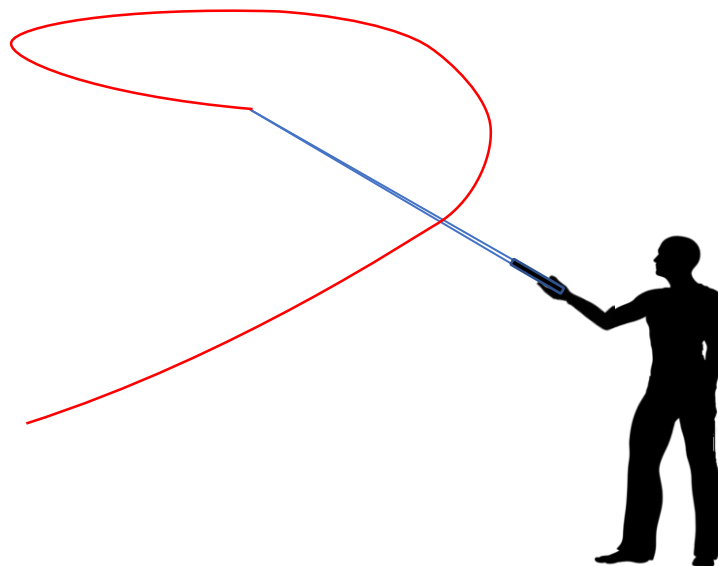
1. Continue chop to a stop directed at target.
2. The fly rod should have a bend.





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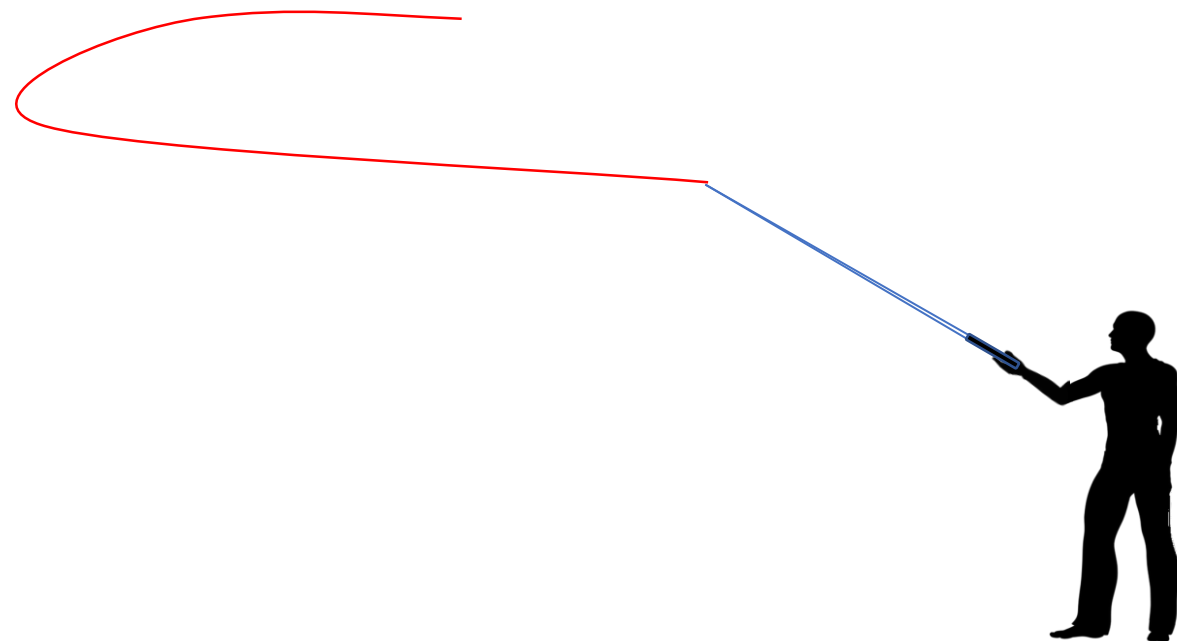
1. The fly line should lift and unroll in front of you.





The Basic Roll Cast

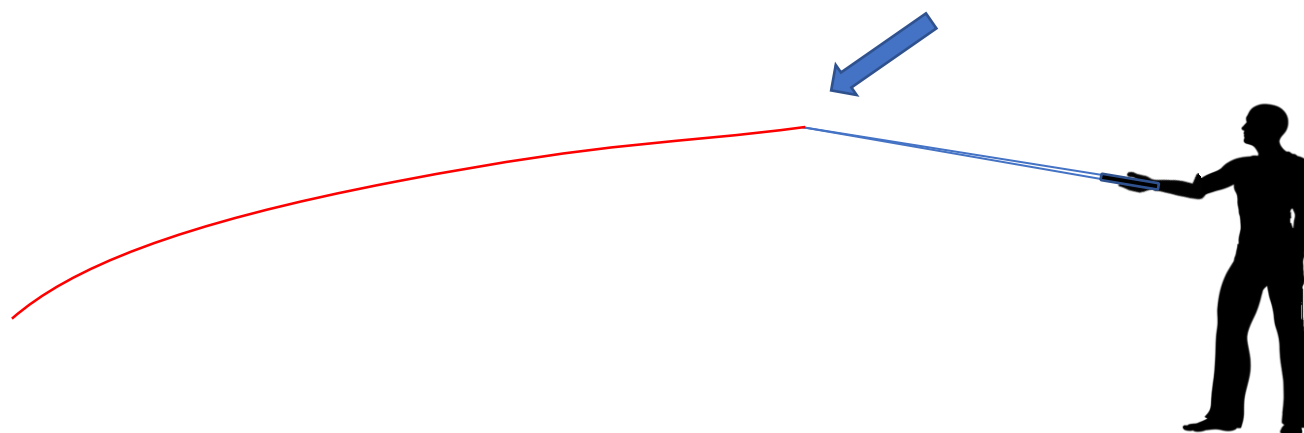
1. With a shorter line the fly line may completely lift out of the water.






The Basic Roll Cast

1. As the line drops to the target apply a mend if needed.
(Don't worry we'll talk about mends next)





The Basic Roll Cast

1. Fishing position.  With your rod tip low, be ready to set the hook.

